

Reach the Stars!

ReachOut Creative Futures' Newsletter

Dec & Jan 25-26



We wish you a Merry Christmas

...and a Happy New Year!

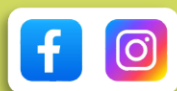
The Arts Award students have been getting festive and making Christmas decorations in the textiles group (see back page image). The music group has continued with lyric writing and mixing tracks and one of our Art students is also currently making a model dragon to use in a stop frame animation (see page 2). Meanwhile, the Outdoor Enrichment group have been on walks to Lanhydrock, Porth and Pentewan. We saw some beautiful autumnal trees, interesting mushrooms and stunning views. We were so tired after one long walk that we ended the day retreating to a café for teas and coffees. When we visited Porth our group also got to enjoy some ten-pin bowling at Porth Lodge. At Pentewan, we collected sea glass and shells for art projects, and one student is making a necklace.

For Remembrance Day, the students made a large poppy display which was hung out of the front of the building (see image top right). The Occupational Studies group have also been working hard on their Level 2 Food Safety and Hygiene, and visited the Headland Hotel in Newquay to learn about Customer Service.



Find us on Facebook, Instagram and at our website:

www.reachoutcf.com



The last Rising Stars Café of the Winter Term is on Wednesday 10th December 2025. We will re-open on Wednesday 7th January 2026.

Open from 11:00 to 14:30

Did you know, profits from our café go to local charities? So, you are not only supporting our students to gain valuable hospitality work experience, but also your local community.

This year we are supporting Cornwall Search Dogs and Pants to Cancer.



Find us on social media or at our website www.reachoutcf.com to view the latest menus and deals.



Happy New Year 2026!

Continued from front page.

As you can see from our front cover image, the Progression and Next Steps group have been shopping for Christmas decorations after a visit to Bolted Escape rooms at Par. The Arts students have also made a selection of cards and gift tags, available to purchase in the café.



We will soon be visiting Drummer's Lodge again for a day of team building activities, outdoor art workshops and Christmas cookie making. We will also be sitting down to a Christmas Lunch for the end of term on Tuesday 16th December – cooked by our very talented Occupational Studies as part of their cooking and hospitality skills.



What have you enjoyed so far?

"My favourite things that I have been working on at ReachOut is making a 'clay mation' model of Toothless the dragon from film 'How to train your dragon'. I have also shared my skills of model making with a staff member who has also made a model of Meatlug from the same film. I'm really looking forward to starting the animation soon." - Bronwin



Recipe of the month: **Festive Boiled Fruit Cake**

*As served
in our café!*



Serve with tea or coffee.

Ingredients:

- 200g butter
- 200g light brown sugar
- 250g mixed dried fruit (raisins, sultanas, currants)
- 100g glacé cherries, halved
- 100g chopped dried apricots (optional)
- 200ml water (or strong tea/orange juice)
- 2 tsp mixed spice
- 2 large eggs, beaten
- 225g self-raising flour
- 1 tsp baking powder
- Pinch of salt

Method:

1. Preheat oven to 160°C (140°C fan).
2. Grease and line a 20cm round cake tin.
3. In a saucepan, add butter, sugar, dried fruit, cherries, apricots, water (or chosen liquid), and mixed spice. Bring to a gentle boil and simmer for 5 minutes, stirring occasionally. Allow mixture to cool slightly.
4. Once cooled, stir in beaten eggs. Sift in flour, baking powder, and salt, folding gently until fully combined.
5. Spoon mixture into prepared tin, level the surface, and bake for 1 hour 15 minutes – 1 hour 30 minutes, or until a skewer inserted in the centre comes out clean.
6. Cool in the tin for 10 minutes before transferring to a wire rack.
7. Dust with a little icing sugar for a festive touch (optional).
8. Serve sliced with warming tea or coffee.

Look CLOSER!

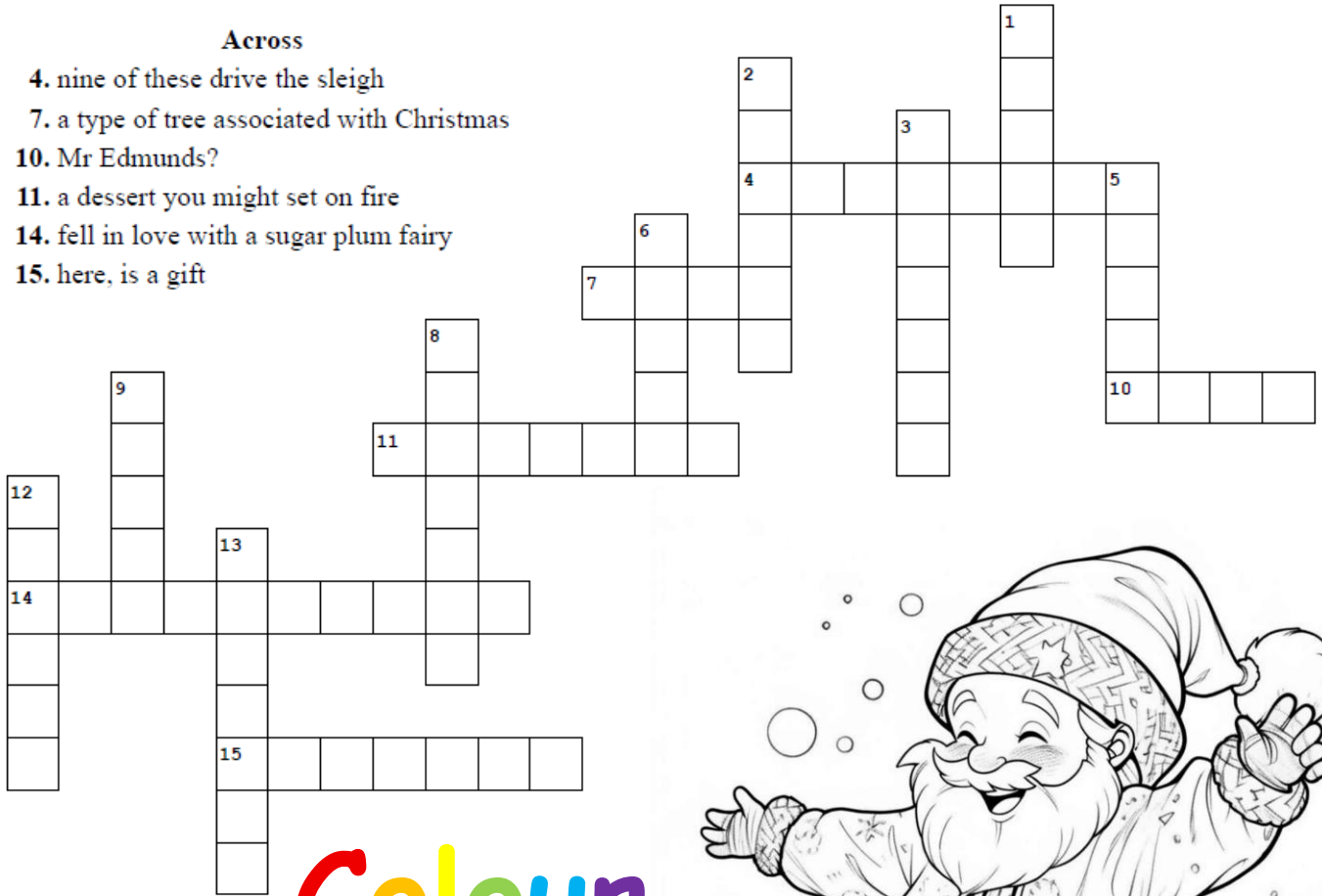
Can you guess what the Pictionary Drawings are of?
One is a snack you add hot water to. The other I have no I deer?



Crossword Corner:

Across

- 4. nine of these drive the sleigh
- 7. a type of tree associated with Christmas
- 10. Mr Edmunds?
- 11. a dessert you might set on fire
- 14. fell in love with a sugar plum fairy
- 15. here, is a gift



**Colour
me in!**

Down

- 1. they make the toys
- 2. a bird that is stuffed
- 3. a frosty fellow
- 5. a bird, a boy or a girl
- 6. one of Santa's reindeer.
- 8. spherical ornaments hung on the tree
- 9. to cook or make fun of someone
- 12. an evening meal
- 13. if Santa gives, he takes...



Measured Mocktails!

The Progression and Next steps group have been busy making mocktails this month. They have used measuring cylinders to mix mocktails while learning about ratios and proportions.



Why not try Faeth's Festive Cranberry!

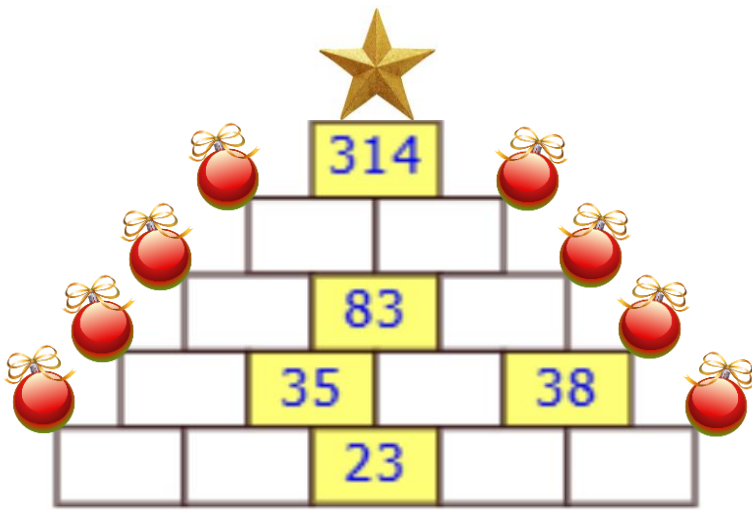
Measure equal parts:

- Cranberry Juice
- Mango Juice
- Lemonade

And serve with a splash of lime juice.

Monthly Maths Puzzles:

Can you solve our festive Maths Pyramid?



Maths Pyramid Instructions:

The block above the two below it is the sum of the two below. Hint: $35 - 23$ will give you the answer to the bottom row second block from left.

Jokes of the month:

Why doesn't Santa wear pants?

....because he's knicker-less!

Who is Santa's favourite actor?

....Willem Da-ho-ho-ho

What do you get when the decorations fight?

....mistle-foes.

What does Santa call a reindeer with a limp?

....a flat tyre!

What happens if you eat Christmas decorations?

....you get tinsel-itis!

What did Santa say when he stepped in a puddle?

....looks like we've had rain...dear!

Can you solve our Cross Maths Grid?

	+	3	+	9	+	4	17
+		+		+		+	
	+		+		+		38
+		+		+		+	
14	+		+	12	+	10	49
+		+		+		+	
	+	2	+	8	+	16	32
36		29		36		35	

Fill in the missing numbers

The missing values are the whole numbers between 1 and 16. Each number is only used once.



The Quick Christmas Quiz:

1. Which country did the Christmas tree as a decoration originate from?
2. What colour are mistletoe berries?
3. In Home Alone, where did the McCallister's go on holiday?
4. What is the best-selling Christmas music single?
5. In which ocean is Christmas Island?
6. In which modern-day country was St. Nicholas born in?
7. How does Good King Wencelas like his pizza?



We hope you have enjoyed our festive newsletter. We have had a lot of fun putting it together. Our next edition will be out on Wednesday 4th February 2026. See you in the New Year!

If you have any suggestions for content, please get in touch with the newsletter group via email: simon@reachoutcf.com. Alternatively, you can put a note in the suggestions box in our café.

Thanks for reading. Best wishes, the Newsletter crew: Bronwin, Charlie, Lowena, Phill and Si.

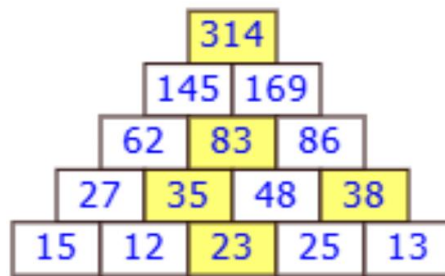
Answers to puzzles:

Look Closer Pictionary Drawings: Pot Noodle and Reindeer.

Crossword Answers

Across	Down
4.reindeer	1.elves
7.pine	2.turkey
10.noel	3.snowman
11.pudding	5.robin
14.nutcracker	6.vixen
15.present	8.baubles
	9.roast
	12.dinner
	13.Krampus

Maths Pyramid



Cross Maths

1	+	3	+	9	+	4	17
+		+		+		+	
15	+	11	+	7	+	5	38
+		+		+		+	
14	+	13	+	12	+	10	49
+		+		+		+	
6	+	2	+	8	+	16	32
36		29		36		35	

The Quick Quiz:

1. Germany.
2. White.
3. Paris.
4. White Christmas by Bing Crosby.
5. The Indian Ocean.
6. Turkey.
7. Deep-pan, crisp and even.

Our very talented Arts Award students have been making Christmas decorations in the textiles class. These are also available to buy in the cafe.



ReachOut Creative Futures is an alternative education provider offering a unique mixture of vocational activities alongside recognised qualifications. The program of study offers a nurturing environment for young people to achieve their full potential. We also offer a one day a week early engagement project called Springboard, to help students transition back into education. We are based at the former Seven Stars Inn, St. Austell.

ReachOut Creative Futures is one of Cornwall Council's Approved Providers for Community Based Out of School Alternative Education.

