

Reach the Stars!

ReachOut Creative Futures' Newsletter

April 2026



April showers...

...us with an action-packed month!

April is now upon us and please remember we will be closed for the Easter Holidays from Good Friday (the 3rd April) until we return on Monday 20th April. Despite this, April still has some important dates in the calendar. The 1st is April Fool's and also Sourdough Bread Day (no joke!), the 4th is the Oxford v Cambridge Boat Race, the 5th is Easter Sunday, the 13th is National Scrabble Day, the 15th is Titanic Remembrance Day (114 years ago), the 23rd is St. George's Day and the 26th is the London Marathon. See if you can spot these themes in our newsletter.

Over to Charlie for the monthly update from March: We attended a first aid course and covered CPR, the recovery position and a choking patient (see below). After the course we went on a walk to Menacuddle Well and waterfall – it was a breathtaking sight (see over the page). We were visited by Louise and Prydwen from Cornwall Search dogs (see over), one of the charities we are supporting this year. They told us all about what they do and let us play with a thermal imaging scope.



Find us on Facebook, Instagram and at our website:

www.reachoutcf.com



The Rising Stars Café

Open Wednesdays during term time from 11:00 to 14:30
(Closed 8th & 15th for Easter)

Our new panini machine is up and running and you can now choose from 9 different fillings including: Brie & Cranberry, Cheese & Onion, The Pizza Panini and Beef Patty panini.

Did you know that profits from our café go to local charities? So, not only are you supporting our students to gain valuable hospitality work experience, but also your local community.

This year we are supporting Cornwall Search Dogs and Pants Cancers.



Find us on social media or at our website to view the latest menus.



April showers...

Continued from front page.

Activities have continued at Porthpean Outdoor Centre and we made shelters with tarps and hammocks. We also had a go at some bushcraft and fire-lighting using things we found on the ground and a steel and flint to light them. In our last session at Porthpean we did team games, problem solving and finished with laser tag – it was awesome fun.



Some of the students also took part in a photoshoot with Jenny Edmiston who showed us how to take portraits and use a light box (photo above). As the weather improves, students will be getting out and about for photography trips and hopefully get some stunning photos for our Art Exhibition next term. The amazing shot below was taken by Amos at Menacuddle.



Arts Award: Inspiration

Students have presented research on artists who inspire them as posters. Here we can see Nieve's Ninja Kids poster and Brody's Mac Miller poster.



Recipe of
the month:

Lemon Meringue Pie



*As served
in our café!*

Makes a great pie – eat as much as you like!

Ingredients:

Shortcrust Pastry

- 225g plain white flour
- Pinch of salt
- 110g unsalted butter cubed
- 2 tsp caster sugar
- 1 medium free range egg yolk

Lemon Curd

- 100g caster sugar
- 7 tbsp cornflour
- 4 large lemons (zest and juice only)
- 6 free range egg yolks
- 100g melted unsalted butter

Meringues

- 6 medium free range egg whites
- 300g caster sugar

Method:

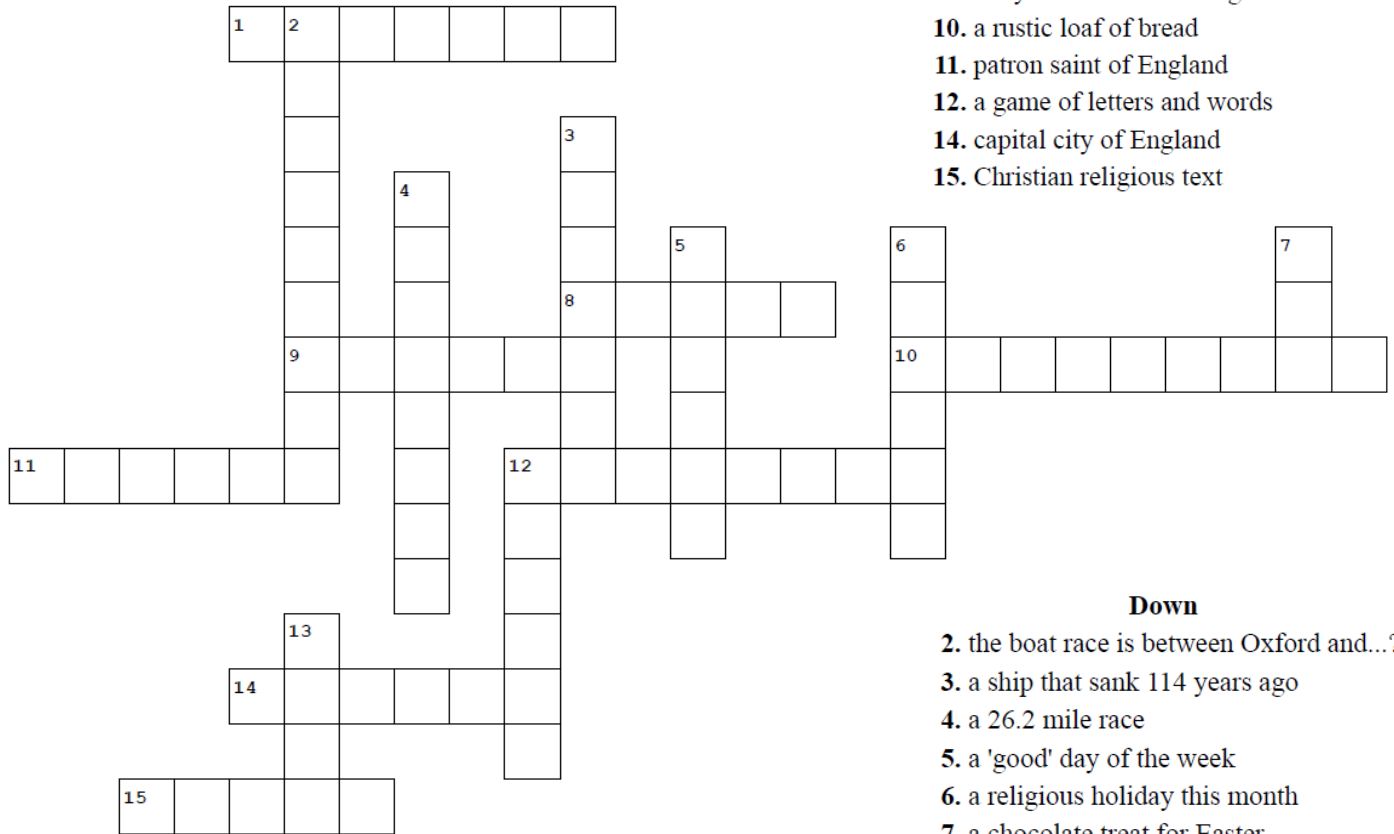
- Sift the flour and salt into a bowl. Add the butter and rub to get 'breadcrumbs'.
- Add the sugar and mix to a firm dough with the egg yolk and a splash of water. Wrap in cling film and rest in the fridge for 30 minutes.
- Preheat the oven to 190C and grease a loose-bottomed baking tin, and place onto a baking tray.
- Roll out the pastry such that it generously covers the tin and touches the baking tray. Line this with baking paper and fill with baking beans. Trim the excess pastry and then blind bake for 15-20 minutes. Remove the beans for the last 5 mins. Remove from oven and then lower the oven to 150C.
- Mix the caster sugar and cornflour for the lemon curd.
- Boil 50ml of water in a small pan with the lemon zest. Gradually pour this over the cornflour and sugar.
- Beat in the egg yolks, lemon juice and butter. Add to the pan and cook over a low heat until thickened. Pour into the blind baked pastry case and leave to cool.
- For the meringue, whisk the egg whites to form stiff peaks. Whisk in the caster sugar. Transfer to a piping bag and pipe on top of the pie.
- Bake for 35-45 minutes until meringue is crisp but soft underneath. Enjoy!

Look CLOSER!

Can you guess what the Pictionary Drawing is of?
This cheeky mathematical term is having a very naughty cigarette.



Crossword Corner:



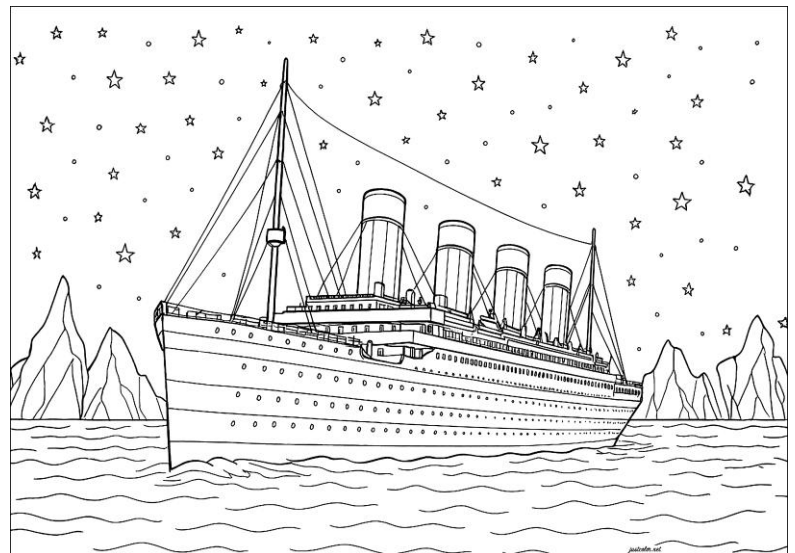
Across

1. the tip of the...?
8. a month of the year beginning with 'A'
9. a mythical fire breathing creature
10. a rustic loaf of bread
11. patron saint of England
12. a game of letters and words
14. capital city of England
15. Christian religious text

Down

2. the boat race is between Oxford and...?
3. a ship that sank 114 years ago
4. a 26.2 mile race
5. a 'good' day of the week
6. a religious holiday this month
7. a chocolate treat for Easter
12. coiled like a season?
13. a court jester

**Colour
me in!**



Titanic Fact: Titanic had two nearly identical sister ships – the Olympic, built before Titanic, and the Britannic, built afterwards.

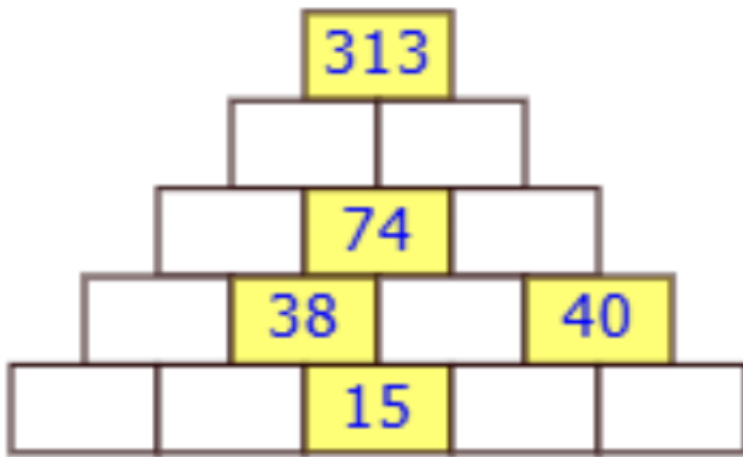
Did you know...

St. Austell town centre is absolutely full of artwork. Look high, look low and look all around. You are bound to spot something you may have missed!



Monthly Maths Puzzles:

Can you solve our Maths Pyramid?



Maths Pyramid Instructions:

The block above the two below it is the sum of the two below. Hint: $15 + \text{what} = 38$?

Can you solve our Cross Maths Grid?

	+		+	13	+	15	56
+		+		+		+	
	+		+		+	8	34
+		+		+		+	
3	+	1	+	6	+	7	17
+		+		+		+	
	+		+		+	11	29
38		32		25		41	

Fill in the missing numbers

The missing values are the whole numbers between 1 and 16. Each number is only used once.

Jokes of the month:

Can February march?

....nope, but April May.

Why do people get tired on 1st April?

....because they just finished a 31 day March!

What is Mr. T's favourite month?

....April, fools!

Which monster plays the most jokes?

....Prankenstein!

What did the tree say when Spring arrived?

....what a re-leaf!

What do you call a dog covered in daffodils?

....a collie-flower!



The Quick Quiz:

1. How long are the rowing boats in the Oxford Cambridge boat race?
2. How many miles are there in a marathon race?
3. What is a harlequins wand called?
4. Where did Easter eggs originate from?
5. Where was the first Golden Ticket found in Charlie and the Chocolate Factory?
6. What was the Snickers chocolate bar originally called in the UK?
7. What happened on this day 20 years ago?



We hope you have enjoyed our newsletter. We have had a lot of fun putting it together. Our next edition will be out on Wednesday 6th May 2026. See you then!

If you have any suggestions for content, please get in touch with the newsletter group via email: simon@reachoutcf.com. Alternatively, you can put a note in the suggestions box in our café.

Thanks for reading. Best wishes, the Newsletter crew: Bronwin, Charlie, Lowena, Phill and Si.

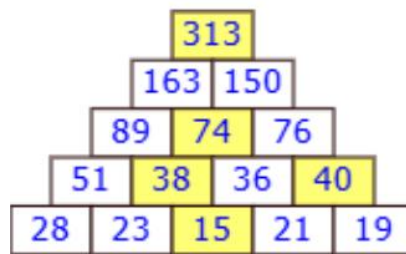
Answers to puzzles:

Look Closer Pictionary Drawings: Improper Fraction

Crossword Answers

Across	Down
1.iceberg	2.Cambridge
8.April	3.Titanic
9.dragon	4.Marathon
10.sourdough	5.Friday
11.George	6.Easter
12.Scrabble	7.egg
14.London	12.spring
15.Bible	15.fool

Maths Pyramid



Cross Maths

16	+	12	+	13	+	15	56
+		+		+		+	
14	+	10	+	2	+	8	34
+		+		+		+	
3	+	1	+	6	+	7	17
+		+		+		+	
5	+	9	+	4	+	11	29
38		32		25		41	

The Quick Quiz:

1. 60 feet long (18.3 metres)
2. 26.2 miles
3. A slapstick
4. Mesopotamia (Iraq)
5. Dusseldorf, Germany (by Augustus Gloop)
6. Marathon
7. The date was the same just 20 years earlier!

Our very talented Arts Award students have been getting into Photography. This photo was taken by Amos at Menacuddle Well. He has used nature to make a frame.



ReachOut Creative Futures is an alternative education provider offering a unique mixture of vocational activities alongside recognised qualifications. The program of study offers a nurturing environment for young people to achieve their full potential. We are based at the former Seven Stars Inn, St. Austell.

ReachOut Creative Futures is one of Cornwall Council's Approved Providers for Community Based Out of School Alternative Education.

